

Apple & Walnut Hot Cross Buns

Ingredients	Kg
Carrs Strong Flour	1.500
Macphie Spiced Bun Conc	0.150
Sugar	0.150
Yeast	0.095
Water	0.700
Apples chopped	0.400
Walnuts chopped	0.200
Macphie Crossing Mix	as required
Total	3.195

Method

- Mix flour, Spiced Bun Conc., sugar, yeast and water for 2 + 4-5 minutes (do not overmix)
- Add apple and walnuts on slow
- Scale and proof approx. 60 minutes
- Make up Crossing Mix as per instructions and then pipe onto buns
- Bake at 200°C (400°F) for 12 minutes

