

Gluten-free Quiches using SINGLUPAN

RECIPE SERVICE

Dough:

| | |
|----------------|----------|
| SINGLUPAN | 1.000 kg |
| Sugar | 0.030 kg |
| Margarine | 0.640 kg |
| Water, approx. | 0.100 kg |
| Total weight | 1.770 kg |

Sauce:

| | |
|----------------|-------------|
| Whole egg | 1.000 kg |
| Cheese, grated | 0.600 kg |
| Cream | 2.000 kg |
| Salt | as required |
| Pepper, black | as required |
| Total weight | 3.600 kg |

Salmon spinach filling:

| | |
|------------------------|----------|
| Salmon, diced | 0.020 kg |
| Leaf spinach, blanched | 0.010 kg |
| Sauce | 0.040 kg |
| Total weight | 0.070 kg |

Broccoli ham filling:

| | |
|--------------------|----------|
| Broccoli, blanched | 0.015 kg |
| Cooked ham, diced | 0.010 kg |
| Sauce | 0.040 kg |
| Total weight | 0.065 kg |

Feta vegetable filling:

| | |
|------------------------|----------|
| Feta | 0.020 kg |
| Onions, diced, fried | 0.015 kg |
| Leaf spinach, blanched | 0.010 kg |
| Sauce | 0.040 kg |
| Total weight | 0.085 kg |

Cheese salami filling:

| | |
|--------------------|----------|
| Brie cheese, diced | 0.010 kg |
| Salami, diced | 0.010 kg |
| Red pepper, diced | 0.010 kg |
| Sauce | 0.040 kg |
| Total weight | 0.070 kg |



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Cheese leek filling:

| | |
|------------------------|----------|
| Brie cheese, diced | 0.010 kg |
| Leek, slices, blanched | 0.010 kg |
| Sauce | 0.040 kg |
| Total weight | 0.060 kg |

- Mixing time: 4 + 5 minutes
- Dough temperature: approx. 27° C – 28°C
- Bulk fermentation time: none
- Scaling weight: approx. 0.035 kg dough
approx. 0.040 kg sauce
(depending on the size of the forms)
- Intermediate proof: none
- Processing: quiches
- Final proof: none
- Baking temperature: approx. 200° C
- Baking time: approx. 20 minutes
- Instructions for use: After the bulk fermentation time, roll out the dough to 3 mm, dock and cut round dough slices using a cutter (Ø 11 cm). Lay out (base and edge) small baking forms (Ø 8 cm) with the dough slices. Fill with a filling and cover with the prepared sauce.



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