Soda Bread using SPELT & HONEY

SPELT & HONEY	10.000 kg
Vegetable oil	0.300 kg
Sugar	0.300 kg
Baking powder	0.450 kg
Water	8.000 kg
Total weight	19.050 kg

Mix the dry ingredients together for about one

minute. Add the water and vegetable oil and mix for about 30 - 40 seconds on first speed until the complete mixture is wet. Do not

overmix!

Dough temperature: 26° C – 28° C

Bulk fermentation time: none
Scaling weight: 0.600 kg
Intermediate proof: none
Processing: tin bread
Final proof: none

Baking temperature: 230° C, dropping to 210° C

Baking time: 30 minutes

Instructions for use: After the mixing time, put the dough onto a

table dusted with flour. Scale the dough, mould round and place in round or square baking tins. Using a steel scraper, cut a cross shape (X) into the dough with a depth of about 10 mm.



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