



## **Vegan Sticky Toffee Doughnuts**

## **Ingredients:**

Wheat Flour 1.000Kg

IREKS Vegan Donut Mix 1.000Kg

Yeast 0.060Kg

Water 1.040Kg

Braun Dessert Paste Caramel 0.045Kg

Macphie 5<sup>th</sup> Avenue Caramel Icing 0.500Kg

**Dates** 

## Method:

- 1. Add the wheat flour, IREKS Vegan Donut Mix, yeast, water and Braun Dessert Paste Caramel to a spiral mixer and mix for 8-10 minutes
- 2. Once the dough has been formed split the dough into 60g balls and put in a proofer for 40 minutes
- 3. Fry in the deep fat fryer for a few minutes either side until the doughnuts are a golden brown colour.
- 4. While the doughnuts are cooling, heat the Macphie 5<sup>th</sup> Avenue Caramel Icing to 45°C
- 5. Once the doughnuts have cooled dip the doughnuts into the caramel
- 6. Before the caramel has dried decorate with dates