

# Sugar-free Plain Cake

using IREKS MULTI CAKE SUGAR-FREE

IREKS MULTI CAKE SUGAR-FREE	1.000 kg
Whole egg	0.350 kg
Vegetable oil	0.320 kg
<u>Water</u>	<u>0.220 kg</u>
Total weight	1.890 kg

Mixing time:	3 minutes, slow
Batter temperature:	approx. 22° C
Litre weight:	0.850 kg/l
Scaling weight:	0.400 kg
Baking temperature:	160° C, dropping to 150° C
Baking time:	50 – 60 minutes

100 g baked goods contain on average (without topping):

Energy	1550 kJ/372 kcal
Fat	21.4 g
of which saturates	3.2 g
Carbohydrate	52.2 g
of which sugars	0.3 g
maltitol	27.9 g
Fibre	0.4 g
Protein	3.4 g
Salt	1.0 g

Sugar-free Plain Cake:  
with sweetener  
excessive consumption may produce laxative effects



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